



NUTRITION FACTS SERVING : PER 100g

Energy	362.0	Kcal
Protein	8.3	g
Total Carbohydrate	79.4	g
Total Fat	0.1	g
Sodium	343.5	mg
Potassium	1092.0	mg
Calcium	28.9	mg
Iron	10.5	mg
Phosphorus	1249.3	mg
Vitamin B1	0.01	mg
Vitamin B3	4.7	mg
Vitamin E	0.1	mg
Vitamin B6	0.3	mg
Calories per gram :		
Fat	9	Carbohydrate 4 Protein 4