



NUTRITION FACTS SERVING : PER 100g

Energy	353.0	Kcal
	1477.6	kJ
Protein	6.9	g
Total Carbohydrate	81.1	g
Total Fat	0.1	g
Sodium	146.7	mg
Potassium	1026.7	mg
Calcium	43.1	mg
Iron	8.8	mg
Phosphorus	1055.1	mg
Vitamin B1	0.1	mg
Vitamin B2	0.1	mg
Vitamin B3	0.14	mg
Vitamin E	0.9	mg
Vitamin B6	0.2	mg
Calories per gram :		
Fat	9	Carbohydrate 4 Protein 4